

















WHY WE MADE IT

Customize the feel of your R8. The R8 Inserts were designed to make the R8 more versatile. Feedback from athletes was vital in the development of each insert. The SuperPlush's unique shape and specially formulated material was developed to provide a softer massage experience. The material provides a more soft and gentle flush massage and its unique shape allows for a less aggressive feel. The SuperDeep's unique shape and specially formulated pattern was developed to provide a more aggressive massage experience. Target specific areas with elbow like design to apply a deeper massage. Find unique ways to customize your R8 with different inserts at rollrecovery.com.

FEATURES / BENEFITS

- · Compatible with current R8 model
- · Easy to change
- Mix and match inserts to customize your feel
- Use the Super Plush Insert on the shin so the back insert can be more aggressive on the calf
- Use the Super Deep Insert to be aggressive on scar tissue, muscle adhesions and tight spots















