

R3

\$26.99



SEA SALT GREY / 855255004040



ONYX BLACK / 855255004057



ROSE RED / 855255004019

WHY WE MADE IT

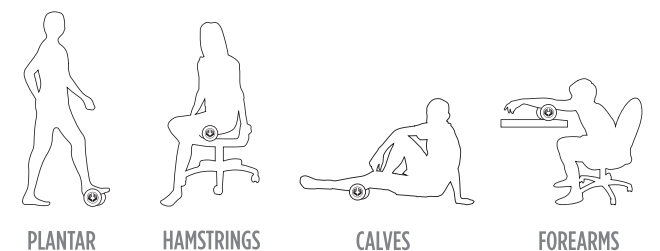
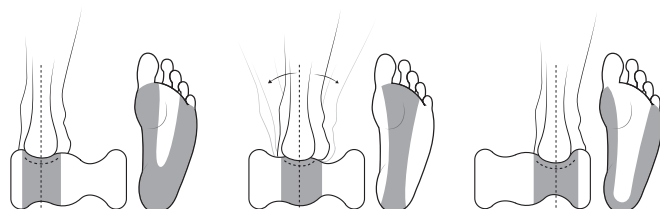
Perhaps the most neglected complex structure in the body, feet are often ignored and require great care. We set out to rethink what a foot roller should be and how we can make the best foot roller in the world. Non-symmetrical in form, the R3 features a medial convex surface to stretch the plantar and all the small intrinsic foot muscles. Two concave sections allow for medial and lateral rolling of the foot and placement of the heel to target the surrounding soft tissue. The R3 provides stability, where other ball-like rollers can't. The surface material was designed to be soft on the skin and grippy enough to use on hardwood floors. The R3 also works as a small, compact body roller.

FEATURES / BENEFITS

- Unique shape, unlike any other foot roller
- Non-symmetrical design (because your foot is non-symmetrical)
- Center ball shape helps stretch-out all the inner foot muscles
- Grippy material to use on hardwood floors, carpet and even outside
- Works great as small body roller

HOW TO USE

Discover all the creative ways to use the R3 on feet, legs and other parts of the body.



FOOT PLACEMENT

